



Eastern Suburbs Hockey Club TigerTurf, Carina

COVID-19

Safety

Management

Plan

13th March 2021 V.10 Training & Fixtures 2021 season

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1. Purpose

To reduce exposure to the spread of the Coronavirus (COVID-19).

To establish agreed protocols for the management of illness in athletes and personnel attending the Eastern Suburbs Hockey Club TigerTurf (EHTT).

To enable training & fixtures resume for the 2021 season under the current Queensland Government conditions and the Industry COVID safe Plan – Field Sports - Hockey.

2. Document History & Control

This Safety Management Plan applies from Saturday June 13 2020 when training and from 10th July 2020 when Fixtures shall commence and is subject to directives issued by the Queensland Chief Health Officer.

Takes effect to easing Queensland's restrictions is enacted, or is otherwise altered, varied or discontinued when COVID-19 control measures are either rescinded or Re-activated.

This Safety Management Plan is only valid on the last date of distribution; it currently resides locally with Eastern Suburbs Hockey Club Inc. Secretary who should be contacted if you are in doubt of the authenticity or currency.

DISTRIBUTION REGISTER				
Version Number	Date of Issue	Document Status	Recipient	Organisation
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V8	21/10/2020	Original	Reg Knowles	EHC
V9	26/11/2020	Original	Reg Knowles	EHC
V10	13/3/2021	Original	Reg Knowles	EHC

3. Scope

This plan applies to EHTT employees, subcontractors, volunteers, affiliated Associations and their clubs, members, athletes, and officials. It also applies to sports trainers, spectators, and other users of the EHTT.

4. Responsibilities

The EHC Secretary shall ensure physical measures are in place before use.

Designated COVID Safe Coordinators shall ensure physical measures are in place during training sessions and Fixtures games.

EHC COVIDsafe Coordinators shall ensure requirements are met at the end of the last session or fixture.

Coordinators are the Divisional Chairpersons, Club Administrator and the Canteen supervisors.

Users are also responsible to ensure compliance with this plan.

5. Resources

Sport Support

[Hockey Queensland Return to Play Guidelines for Stage 2.](#)

[Framework for rebooting sport in a COVID-19 environment – EXECUTIVE SUMMARY](#)

[Framework for rebooting sport in a COVID-19 environment – ENTIRE DOCUMENT](#)

[National Principles for the resumption of Sport and Recreation activities](#)

[FIH - Start to plan for when your hockey fields reopen](#)

[Sport Australia Return to Sport](#)

[Hockey Australia COVID-19 Support Hub](#)

Queensland Government

[Unite against COVID-19](#)

[Roadmap to easing Queensland's restrictions](#)

[Return to Play Plan](#)

[Return to Play Guidelines](#)

[Qld Health Promotional Resources, e.g. Posters](#)

[Qld Health Advice](#)

[Industry COVID Safe Plan – Field Team Sports \(Stage 3 from 3rd July 2020\)](#)

[Roadmap to easing Queensland's restrictions \(Stage 3 from 3rd July 2020\)](#)

[COVID Safe Industry Plan for Field Sports \(covid19.qld.gov.au\)](#)

[Coronavirus \(COVID-19\) | Health and wellbeing | Queensland Government \(www.qld.gov.au\)](#)

Federal Government

[Environmental cleaning and disinfection principles for COVID-19](#)

[Australian Government Department of Health](#)

[How To Clean and Disinfect a Workplace](#)

[Safe Work Australia COVIDSafe Checklists](#)

6. Queensland Government's Key Principles

General Directives

6.1.1 Physical Distancing

A minimum space of 1.5 meters between you and other people that are not from your household shall be observed. 2 square meters per person must be maintained when indoors or in a group.

6.1.2 Hygiene Principles

Hand washing with soap and water for 20 seconds or use hand sanitiser before and after any contact with surfaces. Cover coughs and sneezes avoid touching your face and stay home if you are sick.

Frequent environmental cleaning and disinfecting, particularly surfaces that are touched by more than one person.

Refer to the below links for up-to-date information and protocols.

[COVID Safe Industry Plan for Field Sports \(covid19.qld.gov.au\)](https://www.covid19.qld.gov.au)

[Coronavirus \(COVID-19\) | Health and wellbeing | Queensland Government \(www.qld.gov.au\)](https://www.qld.gov.au/health/coronavirus)

7. Hazard and Risk Management (H.A.R.M)

Hazard and Risk Management at the EHTT shall be monitored by the EHC Secretary and the Eastern Suburbs Inc. Management committee to ensure control measures are being implemented.

Users shall ensure compliance with this plan and any other Association and Club specific COVID Safe Plans.

All participants shall bring and only wear or user their own attire and equipment.

No equipment shall be left at the EHTT. No lost property will be kept at the centre.

All entrants must agree to the terms and conditions of entry.

8. Movement, Access, and Health Management

General Principles

The approach to Fixtures is 'get in, play, get out' with unlimited spectators available to support fixtures and participants.

To reduce cleaning and monitoring activities to the essential minimum and to avoid unnecessary monitoring with limited resources, until this plan is revised or withdrawn the EHTT will continue to have NO GO Zones.

Parents and guardians can remain with their children during participation. Social distancing and hygiene practices must be observed by all parents or guardians.

The main grandstand will be OPEN, and no loitering is to take place in the courtyard area and is only open as a thoroughfare. Social gathering is limited while this plan is in place.

The Carey/Pembroke area is OPEN for spectators.

Stage 3 changes to training are in force from 3rd July 2020.

Contact is allowed. Unlimited participants are allowed on the field. Unlimited spectators are allowed.

Attendance records continue to be collected.

Entry and Exit

Entry shall only be via the Clubrooms side for the Turf field. Signs will clearly indicate which side of the gates to enter and exit. Training and Fixtures.

Participants must follow clearly marked directions to their designated zone and shall only enter the Turf field as directed. Training and Fixtures

The grass field will be made available for warm up and game preparations.

Please refer to the EHTT Map to identify the separate entry and exit points.

Dugouts will be OPEN only for teams currently playing and training.

Fit to Enter.

All staff and users of the EHTT shall not attend if in the last fourteen days they have been unwell or had contact with a known or suspected case of COVID-19.

Players who have recovered from COVID-19 infection should consider a gradual return to training.

Persons suspected of being unwell, having any respiratory symptoms (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention, and notify health authorities.

Notification of issues

Queensland Health shall be notified within 1-2 hours by the EHC Secretary where there are any health issues or suspected COVID-19 cases.

COVID-19 Tracking

Training: All users and spectators of EHTT will be required to sign in/out as per the Attendance Register located at EHTT or this can be obtained from the Secretary of EHC. These records are to be kept securely by EHTT in the Administration office. Spectators can use the EvaCheckin process.

Fixtures: EVA Check-in QR posters are in place at EHTT and Northern and Southern entry point to the facilities and at other points at the facilities. All spectators will be required to sign in and out using EVA Check-in process.

Visit <https://my.evacheckin.com/4078xzwa>

Reporting

Where a participant subsequently tests positive for COVID-19, the exposure shall be immediately reported to a relevant Club Secretary who will notify their Association who will notify the Chief Executive Officer of Hockey Queensland within two (2) hours.

Fixtures attendance records shall be provided to Queensland Health within 24 hours.

Availability of Hand Washing Facilities and hand Sanitiser

Sanitising stations shall be available at all entry and exit points of both the Turf and grass fields. Handwashing is available in the toilets.

Sanitisers are available for use in the Tech bench and Dugouts.

Zones

Please refer to the EHTT Map for directions and NO-GO Zones

Fixture Times

The EHTT has allowed a 20-minute (Men) and 15-minutes (Women) window between games to allow time for a group to pack up, exit and the incoming team to clean the dugouts before players enter. Cleaning aids will be available at each dugout.

Tech Bench cleaning is the responsibilities Men's and Women's associations.

The players who have just played must Exit via the designated EXIT gate ASAP after completion of the game.

Groups are responsible for managing their own time and must not loiter or linger on the field or in the dugouts when their time has concluded.

Training Protocols

Dugouts are now open at training times. Cleaning protocols are in place to sanitize these areas after use.

Team Change Rooms

It is recommended that Participants are to arrive at and depart from the EHTT in their playing attire.

Changerooms are OPEN. Limited numbers are allowed in the rooms at any one time.

Changerooms are NOT for team meetings.

Public Toilets (Stage 3 will be Home (M) & Visitors (F) change rooms)

The main door to the toilets will be propped open to limit the need to touch the door handle. Please ensure this door remains open.

Access to the toilets is limited to no more than four persons at any one time in either toilet. Participants are to self-manage this requirement. Toilets cannot be used for changing. Please arrive dressed to play.

The toilets down the corridor from the canteen are for Netball use ONLY.

Canteen Access

The EHTT Canteen is OPEN.

Social Gatherings

Barbeque shall be OPEN as approved by Club management.

While not within the jurisdiction of the EHTT, physical distancing measures should be observed with in the car park.

Netball Courts

Netball courts are a "NO GO ZONE" for training and fixtures.

Adrian & Lorraine Pembroke Members Rooms

Access to the rooms as per the below conditions (22/7/2020):

1. Formal bookings so the event is recorded on the booking system.
2. The person requesting the booking takes responsibility to ensure the shared area in the room is cleaned and sanitised after use according to COVID rules.
3. For a team session and social meal get together, the attendees will need to ensure they register through the EVA online system (entry & exit) on the day as would-be usual routine or alternatively you could take a written list and place it in the letterbox near the Admin. Room
4. Social distancing protocols apply.
5. Max. number of persons in the Members room at any one time is 55.

Cleaning & sanitising: -

- Restrict the area that attendees will move about to reduce the known surfaces and touch areas of the club room that will need cleaning.
- Please ensure as other users have been instructed before with you, that there must be a thorough clean before sanitising. Any food or drink spillages on tables or carpets etc must be cleaned up before sanitising. All pizza boxes and other rubbish to be put in outside bins. All furniture to be returned to a neat and orderly state so they do not need to be moved again after spraying.
- All surfaces touched might include, but not be limited to, tabletops & edges, chairs, door handles, glass surfaces, sink area, TV & remote control, whiteboard and marking pens. Virasan, paper towels and gloves will be located at the club room sink area. Apply Virasan with a light spray over all touched surfaces and allow Virasan to rest for at least one minute before wiping down with the paper towels.
- Place the used paper towels directly in the outside bins.

9. Hygiene

Water Containers

Participants shall bring and only use their own water bottles.

Taps will be available for use in the dugouts.

Shared Equipment

Hockey sticks, shin pads and goal keeping equipment shall not be shared.

Towels and face washers shall not be shared.

Players are instructed to minimise hand contact with hockey balls and other non-essential surfaces.

Gloves, provided by the training group, must be worn when moving goals.

The EHTT appointed cleaners will be responsible for wiping down with sanitizer provided by the EHTT all high contact surfaces at the end of night/day session. This may include railings, door handles and dugouts.

Shared Uniforms

Training bibs, playing uniforms or any other clothing shall not be shared.

Handwashing and Sanitising

All participants, parents, guardians, and staff shall have access to the toilets to wash their hands with soap and water.

All participants will be required to sanitise their hands when entering and exiting the Turf field at EHTT.

Full Body Showers

Dressing rooms and showers are OPEN.

Sanitising equipment is available to be used after shower use.

Prohibitions

The following must be observed:

- No spitting anywhere or on any person
- No gum to be consumed in the centre.
- No smoking in the centre
- No sanitiser products are to be applied to people or high contact surfaces/equipment whilst on the turf as it can permanently stain.
- No jewellery to be worn while training or playing.

Cleaning Schedules

Spray bottles with disinfectant will be available in the toilets. Users are encouraged to spray down the taps and basins after use.

Regular cleaning of the below will take place.

- Toilet stall door handles, taps and soap dispensers.
- Shower taps, door handles, and cloths hooks to be wiped down after use.
- High contact handrails
- Dugouts
- Carey/Pembroke deck
- Outside members room area
- Tech bench

And regularly monitor paper towels, soap, and hand sanitiser levels.

The EHTT cleaners will conduct a full facility clean weekly including showers.

Dugouts are to be cleaned between games. Refer to 8.8 for further details.

Canteen employees will also regularly sanitize high contact areas around the facilities during their shifts.

10. Sports Medicine

Where reasonably possible it is recommended participants administer first aid or sport medicine themselves. E.g., complete their own ankle strapping, apply a band aid etc. In the case of an emergency call an ambulance on 000 and proceed with following standard first aid precautions.

Access to first aid rooms should only be available during an emergency. The first aid tables will be covered by a disposable sheet. After use, the disposable sheet must be placed in the rubbish by the first aider and the surface cleaned with disinfectant. A new disposable sheet must then be placed on the table.

11. Personal Behaviour

Greetings

Handshakes and high-fives shall be discouraged.

Team huddles may only be held with player's maintaining 1.5m separation from each other and the coach.

Modification of Rules

Attendees requiring mobility aids shall continue to be afforded discretion to use aids such as, crutches, walking frames etc.

Disable toilet will be OPEN.

Where there has been contact by other participants, mobility aids shall be cleaned and or sanitised before and after use.

12. Communication

Electronic Media

The EHTT COVID Safe Management Plans will be available on the Eastern Suburbs Hockey Club website.

Signage

Relevant signage will be posted on the main entrance to the EHTT facilities, on entry/exit to the Turf field, and throughout the venue.

13. EHTT User Groups

Each user of the EHTT will be required to have their own COVID Safe Plan on how they manage their people and equipment.

All User Groups will be required to agree to the new terms and conditions of entering the EHTT before they will be provided access to fixtures and training.

14. Disciplinary Action

Individuals or groups failing to comply with the requirements set out in this Safety Management Plan will be requested to leave immediately.

Repeat offenders will be denied further entry.

Where the COVID Safe Coordinator fails to comply with the team requirements or where several team members fail to comply, the entire team shall be requested to leave.